

SCI branch co-ordinating your workcamp:

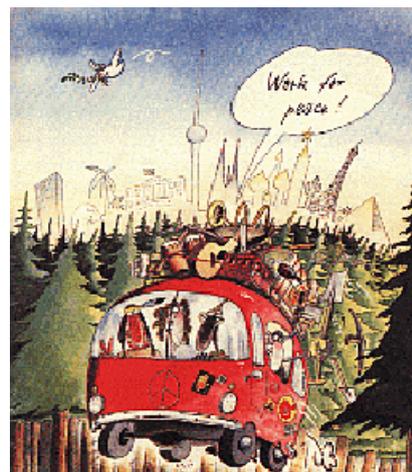
Service Civil International - Deutscher Zweig (SCI-Germany)
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You have been accepted for the workcamp:

DE-SCI-6.52 Glücksburg I

Starting and ending date of your workcamp:

16.07.11 – 30.07.11



Dear volunteer,
we are very happy that you have decided to take part in our workcamp, the project partner and the camp leaders are very much looking forward to meet you!

We kindly ask you to confirm your participation to us. Just write an e-mail to incoming@sci-d.de: "Herewith I confirm my participation". Also mention 1.) your name, 2.) name, camp-code and dates of your camp and 3.) your country. In case you have to cancel or arrive later, please inform us immediately.

You now hold the long expected Infosheet for your workcamp in your hands. Please **read it carefully** and give special attention to what to bring along, insurance guidelines and what we expect from volunteers.

Your personal attitude counts!

Despite all the information we give you here, it is important that you are flexible and act in a friendly and responsible way towards the group and the project. In a workcamp it is possible that things do not go according to the original plan or to your expectations. It can happen that things are organized differently than described in the Infosheet. As most of our workcamps take place in non-profit organizations (who also work with volunteers) please be open-minded and prepared for changes!

Below you will find specific description of your camp as well as some general information.

We wish you great experiences and wonderful people to meet.

Your German SCI-Team

Project address:

**artefact – Zentrum für nachhaltige
Entwicklung (centre for sustainable
development)**

Bremsbergallee 35

D - 24960 Glücksburg
Tel: +49 (0) 4631-61160

Contact person in the project:

Werner Kiwitt

Tel.: +49 (0) 46 31 - 6116 0

Email: info@artefact.de

Web: www.artefact.de

Camp address (where the workcamp is accomadated):

Same as above

Other remarks:

Number of volunteers:

12

Camp language:

English, German



1 SPECIFIC INFORMATION ON YOUR WORKCAMP

1.1 What kind of project will you be supporting?

The **artefact** Centre, located in Glücksburg/Baltic Sea, close to the German-Danish border, is a centre for sustainable development. This non-profit organisation runs a guesthouse built in an organic style of architecture with its own renewable energy supply.

The "Powerpark", an energy infotainment site for tourists, conducts project activities for young people as well as specialist seminars for adults on renewable energy, building and water management. In order to keep up its attraction as a target of training and tourism, installations on the site need to be improved.

1.2 What type of work will you be doing?

You will help to build new infotainment stations, to do maintenance work in the energy and to experience park and the housing area and possibly to build a solar kitchen for the tent camp site.

Please do not forget to bring waterproof work clothes with you. Interest in the topic "renewable energies" will be expected, manual skills preferable.

1.3 What topics are planned for the "study part"?

When you read "study part", do not think of dry learning sessions like at school!

Rather by that we mean "learning opportunities" that you will be offered during your workcamp. You will get to know more about the aims of your project, you will have group discussions about topics which are connected to your workcamp. Maybe you will visit other projects or initiatives in the surrounding, and get to know their work too.

These are some topics, which are planned for the "study part" of your camp:

- Aims, history and structure of SCI
- You will get to know the reasons and effects of climate change and the different options for renewable and peaceful energy sources for different climates. There is the possibility to have discussions about renewable energies in your country. Please try to prepare yourself.

1.4 Which group activities are planned for your free time?

In your free time, trips to Glücksburg's famous castle are possible. Also worth visiting are the city and port of Flensburg. And a very nice opportunity where you might even be able to have a swim are the Baltic and North sea coast. Should you fancy a trip to Denmark this can also be arranged.

1.5 Where will the group stay and who will prepare the meals?

You will be accommodated in tents in the nature park centre where compost toilets and solar shower facilities are nearby. Please bring along a warm sleeping bag, a camping mat and waterproof work clothes. Concerning the food the group will cook for itself.

The volunteers will take turns to cook for the whole group. So be prepared that you also will cook for the others. The workcamp will have a so-called "workcamp budget", which is given to the camp leaders for buying food and cooking together. This is also a great chance to get to know delicious dishes from many other countries. **Do not forget to bring nice recipes and maybe unique spices from your home country.**

1.6 What should you bring along?

- Your health insurance card (**IMPORTANT:** please read also chapter 1.9)
- **Warm sleeping bag**
- **Insulating underlay for the sleeping bag / Sleeping mat**
- **Waterproof work boots and clothes**



- Old working clothes (please bring clothes that can get really dirty during work)
- Raincoat
- Swimsuit
- Sunscreen
- Games or creative ideas for leisure time
- Music (your favorite CDs, if you play an instrument, feel free to bring it along)
- Your student ID for discounts (if you have one)
- If you like, some typical food from your country or region
- Recipes and spices for preparing a national specialty when you are here
- Enthusiasm and interest for the project and the group

WICHTIGER KOMMENTAR AN PROJEKTPARTNER:

BITTE ÜBERPRÜFEN SIE, OB IN DIESER LISTE ETWAS WICHTIGES FEHLT, ODER OB HIER ETWAS GENANNT IST, WAS DIE TN NICHT MITBRINGEN MÜSSEN. BITTE DIE LISTE ENTSPRECHEND ERGÄNZEN ODER TEILE LÖSCHEN.

1.7 When should you arrive to the workcamp?

Please be aware that the camp dates are fixed!

We expect you **not to arrive earlier or to leave the camp earlier** than at the given dates (see page 1).

Arrival time is on the first day of the camp between 1 and 8 pm (13.00h and 20.00h).

In case you cannot come on time or you have to cancel your participation, PLEASE INFORM US immediately. This is very important as we need to inform the project partner and the campleaders.

INFORMATION FOR VOLUNTEERS WHO REQUIRE A VISA:

You will, or already have received, an official invitation from SCI Germany. The dates on your official invitation from SCI Germany are - on purpose – slightly few days different from the real camp dates. We want to give you some more flexibility to arrive in the camp on time.

But as said before, please keep in mind that it is NOT possible to arrive earlier or stay longer in the project.

1.8 How do you get to the workcamp?

By train:

Flensburg railway station is well connected with the German and Scandinavian railway network. From the North, you travel from Malmö/Copenhagen or Frederikshavn via Kolding. From the South, trains from Hamburg, Kiel and Husum arrive once per hour. Night trains from Basel and Munich may go straight to Flensburg: check www.bahn.de.

- On this website you can search in many different languages.
- If you click on "*Advanced search*", you will also find the option to enter the address of your destination.
- If you do advanced search, you will not only find out the train connection to the last train station, but also how to continue further from the station to your camp address (with local buses, trams or on foot with a detailed map). Please note that if you take IC or ICE trains instead of regional trains, it will cost you more.

From Flensburg train station, go by foot (approx. 15 min.) or city bus to the central bus station ("ZOB"). Having arrived there, take bus No. 21 in the direction of Glücksburg and get off at "Bremsberg" (the bus leaves once per hour, for more information see: www.nah-sh.de). From there, it is a 5-minute walk to the artefact centre. There are also taxis available straight to artefact.

By bus:

Whithin Europe, there are many cheap bus connections to Germany (Eurolines, Eurobus etc.).

Try this website: <http://www.touring.de/index.php?id=2&L=1> (in English)

By plane:

The nearest airport is Hamburg. From there, you can follow the instructions above.

Please consider: The cheapest way to get to a place may not be the best for our environment and climate!



Try to avoid using an aeroplane because planes produce far more carbon dioxide (CO₂) than any other form of public transport.

1.9 What do you need to know about insurance?

SCI insurance is supplementary to your private insurance and covers special cases only.

All relevant informations and forms on SCI-Insurance you find here:
www.sci-d.de/insurance

Before you take part in the camp, **YOU have to make sure that you have sufficient insurance coverage.** Therefore we recommend you to

- contact your insurance company for information
- make sure that you take appropriate documents of your insurance with you to the camp.
- conclude a personal international health insurance.

In case of illness or accident the volunteer's private insurance or that of his/her parents is liable.

Look through the guidelines before you take part in the camp.

All documents on SCI-Insurance, which you find on our website, are written in English.

EU citizens should bring their health card. If you don't have this card, you should ask your insurance company to give you a temporary equivalent form instead. Citizens of those countries that have a social insurance agreement with Germany should bring the verification form.

All volunteers should be aware, that

- dental treatments are NOT covered by the SCI insurance scheme unless the necessity of dental treatment is caused by an accident during the workcamp. If you don't want to risk high costs that you have to cover yourself, please make sure that you arrange your own insurance for dental treatments.
- SCI-Insurance does NOT cover costs for illness or accidents arising from special physical or mental conditions (e.g. epilepsy, physical handicap, chronic illness) existing before to the period of insurance. People who fall in this category should seek advice on alternative insurance arrangements.

If you have any doubts or questions on SCI-Insurance, please contact your sending organisation. It is important to clarify uncertainties before departure.

2 GENERAL INFORMATION

2.1 What is SCI? Some general information on its aims and history

Service Civil International (SCI) is a voluntary peace organisation with approx. 43 national branches and groups worldwide. SCI aims are **promoting peace, international understanding and solidarity, social justice, sustainable development, and respect for the environment.** SCI believes that all people are capable of living together with mutual respect and to solve conflicts without recourse to any form of violence.

The roots of Service Civil International go back to the end of World War I when Europe had to be reconstructed and the people needed to co-operate again in a peaceful way. The first international workcamp was organised in 1920 by Swiss pacifist Pierre Ceresole and his friends in the village Esnes close to Verdun, France. Verdun was a town close to German border and was completely destroyed during the war. It stands for horror and death of wars in general.

Even though the first experience was not easy, the idea spread quickly. The volunteers from this camp wanted to inspire others to work for peace as an alternative to military service. The number of volunteers rose quickly and they started to call their network "Service Civil International".



Some historical pictures of early SCI-workcamps

Nowadays the work of SCI is carried out on all the continents and ranges from reconstruction work to ecology, from social inclusion to North-South solidarity. Every year hundreds of people get inspired by the simple but powerful idea which started the first workcamp.

Would you like to know more about the history, aims, structure and network of SCI?

Here are two links, where you can find a lot of interesting information:

- www.sciint.org (Website of SCI International in Antwerp, Belgium)
- www.service-civil-international.org (Website of SCI International Archives in La Chaux-de-Fonds, Switzerland)

2.2 Some information on SCI Germany

German branch of SCI was officially registered in 1947 and is an approved independent non-profit organisation that organises around 50 workcamps every year.



Some pictures of SCI-workcamps today

With our workcamps we want to:

- support non-profit organisations, small initiatives and socially disadvantaged groups
- raise awareness about the necessity of the preservation of natural resources
- draw public attention to social, political and ecological problems
- promote understanding and solidarity between people from different backgrounds
- learn from history, remember Germany's past, promote reconciliation and fight against racism
- support peace and general disarmament
- give you the opportunity to meet great people and to do something useful

We want to remind all volunteers that **SCI is NOT an alternative travel agency** and that we expect a **high level of motivation, co-operation and open-mindedness from each volunteer!**

2.3 What can you expect from a workcamp?

Unless stated differently in the camp description:

- **Volunteers shall work 5-6 hours per day,**
- **the weekends are free to do activities within the group**
- **camps are co-ordinated by either one or two camp leaders**

Our workcamps are totally based on self-organisation. Self-organisation is a process, where volunteers and campleaders create together a structure for their daily camp-life. There is no central authority to make decisions for the group. The campleaders shall only support this process. All participants decide and act together in a responsible way, so that everybody can enjoy the workcamp.

DO NOT EXPECT that the camp leaders will organize events and excursions for the group.

All our workcamps are run according to the **principles of:**

- communal living
- group decision making
- equal participation and
- collective problem solving

The **quality of the workcamp** depends very much on **YOUR INPUT, YOUR IDEAS and YOUR INITIATIVE.**

2.4 What do we expect from you as a workcamp participant?

- That you show a willingness to work and to learn more about the specific topic of your workcamp.
- That you participate in the workcamp from its very first till the very last day.
- That you participate in daily tasks (cooking, cleaning, setting the table, etc.).
- That you help to share responsibility by making suggestions for group activities, discussions, games etc.
- That you commit to a group experience and help making decisions and solving problems.
- That you respect the people in the hosting project.
- That you make an effort to live in an eco-friendly way.

2.5 How can you live in an environment-friendly way?

How can we live, that also future generations will be able to live a happy life on our planet? This is an important question to SCI-Germany. Therefore, we like to encourage all our volunteers to reflect their own life styles and daily habits. We believe, that we are all responsible for the condition of our planet and each of us has options. Please choose for a sustainable way of living.



General information in **English, Russian and German**, how to live eco-friendly, you find on our website: **www.sci-d.de/eco-friendly**.

Some practical ideas for your workcamp:

- **Reduce garbage** in everyday life and separate garbage for recycling
- **Save energy/electricity**
- **Make careful decisions in daily shopping**
- **Buy fruits and vegetables from the local region** instead of far away countries
- **Choose food which is “eco-friendly”** instead of food which is produced with a lot of chemistry
- **Choose fresh food** instead of pre-cooked food, which is sold in tins or plastic and often contains additives
- **Choose food/drinks which are sold with very little (or re-cyclable) packaging** instead of food/drinks which are wrapped in a lot of plastic packaging.
- **Eat a tasty variety of vegetarian meals** instead of consuming a lot of meat. The way animals are raised in a highly industrial and globalized world is often very cruel and embarrassing for the human race.
- When buying meat, **choose good quality and eco-friendly products.** (Ask yourself: Is it necessary to eat meat every day? Where does the meat come from? Under which conditions were the animals kept? Have they been transported over long distances? What were the animals fed?) If volunteers feel they need to eat meat, we recommend buying from a local butcher rather than from a big discount supermarket.)
- **Prepare meals which can also be eaten the next day** (avoid throwing food away)
- **Use only as much water as you really need** (If you don't have enough clothes to fill the washing machine, ask others if they also need to wash their clothes. When washing dishes, save water by not rinsing under running tap water. If possible, take only one shower a day.)

Your ideas for the conservation of natural resources are very welcome!

2.6 Where can you find more information about travelling in Germany?



Some useful links to basic information about Germany:

The Deutschland-Portal: www.deutschland.de
National Tourist Board: <http://www.germany-tourism.de>
“Lonely Planet”: <http://www.lonelyplanet.com/germany>

2.7 Basic German Vocabulary for International Participants

English phrase

Hello!
Good morning! / Good afternoon! / Good night!
Bye, bye!
See you again!

My name is...
What's your name?
Where do you come from?
I am from...

I don't understand.
I don't speak German.
Do you speak English?

How are you?
Good / Bad / Everything is okay
Thanks! / Please.
Yes / No
Perhaps

What time is it now?
Excuse me, could you help me please?
How can I help (you)?
Where can I find...?
station (main station)
shop / supermarket/ doctor...
I am hungry / thirsty.
I would like (to have)...
Coffee / tea / water / milk / bread / butter ...
Enjoy your meal!
I have pain ...!

Translation in German

Hallo!
Guten Morgen! / Guten Tag! / Gute Nacht!
Tschüss!
Auf Wiedersehen!

Ich heiÙe...
Wie heiÙt du?
Aus welchem Land kommst du?
Ich bin aus...

Ich verstehe nicht.
Ich spreche kein Deutsch.
Sprechen Sie Englisch? (*polite for people you don't know*)
Sprichst du Englisch? (*informal*)

Wie geht es dir?
Gut / Schlecht / Alles in Ordnung
Danke! / Bitte.
Ja / Nein
Vielleicht

Wie spät ist es?
Entschuldigung, können Sie mir bitte helfen?
Wie kann ich helfen?
Wo kann ich ... finden?
Bahnhof (Hauptbahnhof)
Geschäft / Supermarkt / Arzt ...
Ich habe Hunger / Durst.
Ich hätte gerne...
Kaffee / Tee / Wasser / Milch / Brot / Butter / ...
Guten Appetit!
Ich habe Schmerzen...!



P.S.: The German letter “ß” is pronounced like a sharp “ss” (like in kiss)